

性別差異對打工換宿的影響

THE IMPACT OF GENDER DIFFERENCES ON WORKING IN EXCHANGE FOR ACCOMMODATION

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摘要

近幾年打工換宿正值熱潮，而打工換宿又稱為以工換宿，可以藉由提供勞力或專業知識來獲取當地的食宿，眾多打工換宿文獻中，多集中於討論對業主及換宿者的建議、經驗分享、利益關係，因此想研究男女性在打工換宿方面，是否有不同的想法或是觀念上的差異。

此研究採用訪談法探究不同性別小幫手以及問卷調查法調查不同族群的一般民眾的意見，本研究透過網路問卷與換宿者個人經驗訪談，研究男女性對於打工換宿的期待與擔憂有何差別。

研究發現男女性在打工換宿的期待與擔憂各有不同，女性在打工換宿上較喜歡學術的活動，而男性則偏向刺激有挑戰性的體驗活動。在本研究結果顯示女性擔憂的事項多偏向自身環境的安全和職場的單純性與對當地陌生環境的融合和工作的不適應，因此本研究建議雇主若想吸引男性小幫手可以提供更多刺激體驗活動，而想吸引女性小幫手可以提供更完善安全的環境，例如：男女分宿、夜間有充足照明設備。

關鍵字：打工換宿、性別差異、小幫手、體驗活動

ABSTRACT

In recent years, there has been a boom in “working in exchange for accommodation” which is also known as “work-for-lodging”. You can obtain local food and accommodation by providing labor or professional knowledge. Most of the literature regarding work-for-lodging focuses on discussing the suggestions, experience sharing, interest relationship for homeowners and work-for-lodging helpers, so we want to study whether males and females have different opinions or concepts when it comes to working and changing places.

This research uses the interview method to explore the opinions of work-for-lodging helpers with different genders and the questionnaire survey method to investigate the opinions of the general public of different genders. This research uses online questionnaires and interviews on the personal experience of work-for-lodging helpers to study the expectations and worries of males and females about working in exchange for accommodation.

The study found that males and females have different expectations and worries in work-for-lodging. Females prefer academic activities, while men prefer stimulating and challenging experiential activities. The results of this study show that women's concerns are mostly about the safety of their own environment and the simplicity of the workplace. Furthermore, females also concern the adaptation to the unfamiliar local environment and work. Therefore, this study suggests that employers should provide more stimulating experiences if they want to attract male helpers, but if they want to attract female helpers, they should provide more complete and safe environment, such as separate dormitories for men and women, and sufficient lighting at night.

Keywords : Working in Exchange for Accommodation, Gender Difference, Work-for-Lodging Helpers, Experience Activities